

Parental Bat Mitzvah Blessing

(This is read immediately after the Maftir Aliyah)

With gladness and thanksgiving we praise You, O Lord our God, for having kept us alive, and sustained us, and enabled us to reach this day.

We give thanks for the wondrous privilege of seeing our daughter grow day by day, week by week, year by year. For the health and strength You have given her, for the mind and spirit with which You endowed her, for her ability to elicit and return love- for all these precious gifts, we thank You.

Watch over her, O God, on this special day and every day. Grant her a growing understanding of the true significance of this occasion and a deepening loyalty to everything which it represents. May the teachings of our heritage guide her throughout life; and may she lead a life worthy of Your blessings. Amen